

When God Feels Distant

Psalm 13

For the director of music. A psalm of David.

How long, Lord? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me?

Psalm 13:1-2

Look on me and answer, Lord my God.
Give light to my eyes, or I will sleep in death,
and my enemy will say, “I have overcome him,”
and my foes will rejoice when I fall.

Psalm 13:3-4

But I trust in your unfailing love; my heart rejoices in your salvation. I will sing the Lord’s praise for he has been good to me.

Psalm 13:5-6


Have you ever felt forgotten?


Have you ever felt forgotten by GOD?

When God seems distant, we must call to Him and trust in His unfailing love.

BIG IDEA



LAMENT

To lament means to outwardly and visibly express sorrow or mourning or regret. It can even mean to wail!!! To cry. To yell.



Is Lamenting Biblical?

- 64-68 Psalms of Lament
- Jeremiah Book of Lamentations
- Jesus, Hebrews 5:7; John 11:35
- David, Psalm 13



"The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”

(Lamentations 3:22-23)



“During the days of Jesus’ life on earth, he offered up prayers and petitions with loud cries and tears…”

Hebrews 5:7



Jesus wept

John 11:35



True biblical lamenting will always lead the believer from a place of **PAIN**, to a position of **PRAYER** to a posture of **PRAISE.**



“A Biblical lament is more than an expression of sorrow. It is a prayer of faith….The godly thing to do is to bring all of life’s pain and grief to God in prayer.”

H.B.Charles Jr.



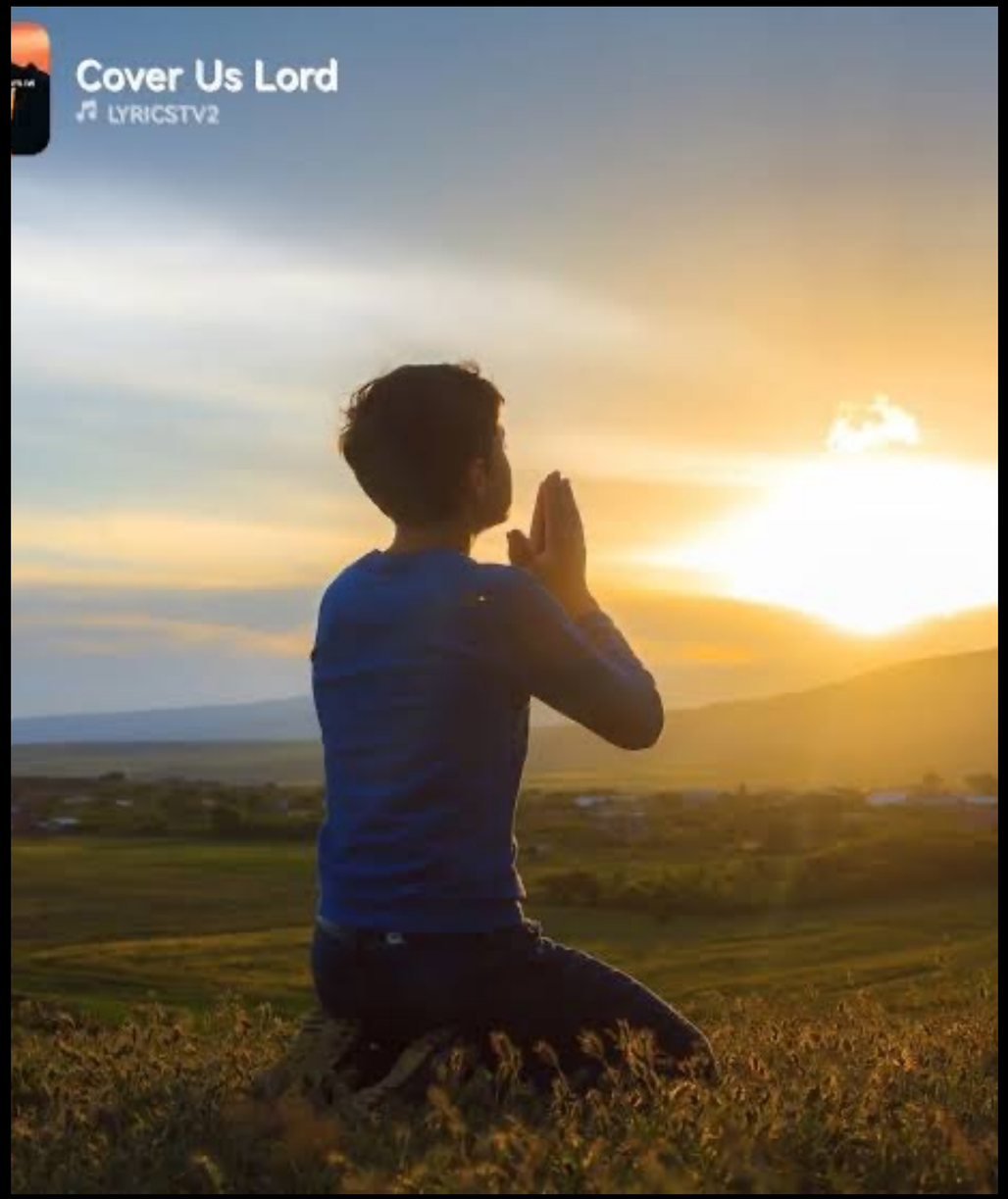
Place of
PAIN

HOW LONG



Position of
PRAYER

Give me LIGHT



Posture of
PRAISE

Let me SING



“O sing to the Lord a new song; sing to the Lord, all the earth! Sing to the Lord, bless his name; tell of his salvation from day to day.”

Psalm 96:1-2



And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

Ephesians 3:17-19



“As high as the heavens are above the earth, so great is His lovingkindness toward those who fear Him.”

Psalm 103:11



SHARE YOUR TRUE FEELINGS TO GOD

God, I’m afraid to say these things aloud. But how long is it going to feel like I’m figuring out life on my own? It feels like You’ve abandoned me. It feels like You’re purposely hiding from me. What am I supposed to do with that? How long will anxiety rule my relationship with You? Are You there?



ASK GOD FOR WHAT YOU NEED

God, please turn Your attention toward me. Would You restore me to Yourself? I desperately want to know You're near, but I can't trust my feelings. It feels like I'm losing in this. Help me, Lord.



REMEMBER WHO GOD REALLY IS

God, You promise to never leave me or forsake me. I want to choose to believe that, even when my feelings tell me otherwise. Help me in my unbelief. I can’t do this on my own. Help me to choose to praise You and honor You as You deserve.

