

When God Feels Distant

Psalm 13


Have you ever felt forgotten by God?

For the director of music. A psalm of David.

How long, Lord? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me?

Psalm 13:1-2

Look on me and answer, Lord my God.
Give light to my eyes, or I will sleep in death,
and my enemy will say, “I have overcome him,”
and my foes will rejoice when I fall.

Psalm 13:3-4

But I trust in your unfailing love; my heart rejoices in your salvation. I will sing the Lord’s praise for he has been good to me.

Psalm 13:5-6

To lament means to outwardly and visibly express sorrow or mourning or regret. It can even mean to wail!!! To cry. To yell.

LAMENT DEFINITION



“During the days of Jesus’ life on earth, he offered up prayers and petitions with loud cries and tears…”

Hebrews 5:7

Godly lamenting is to move from “Grief to Belief.”



When God seems distant, we must call to Him and trust in His unfailing love.

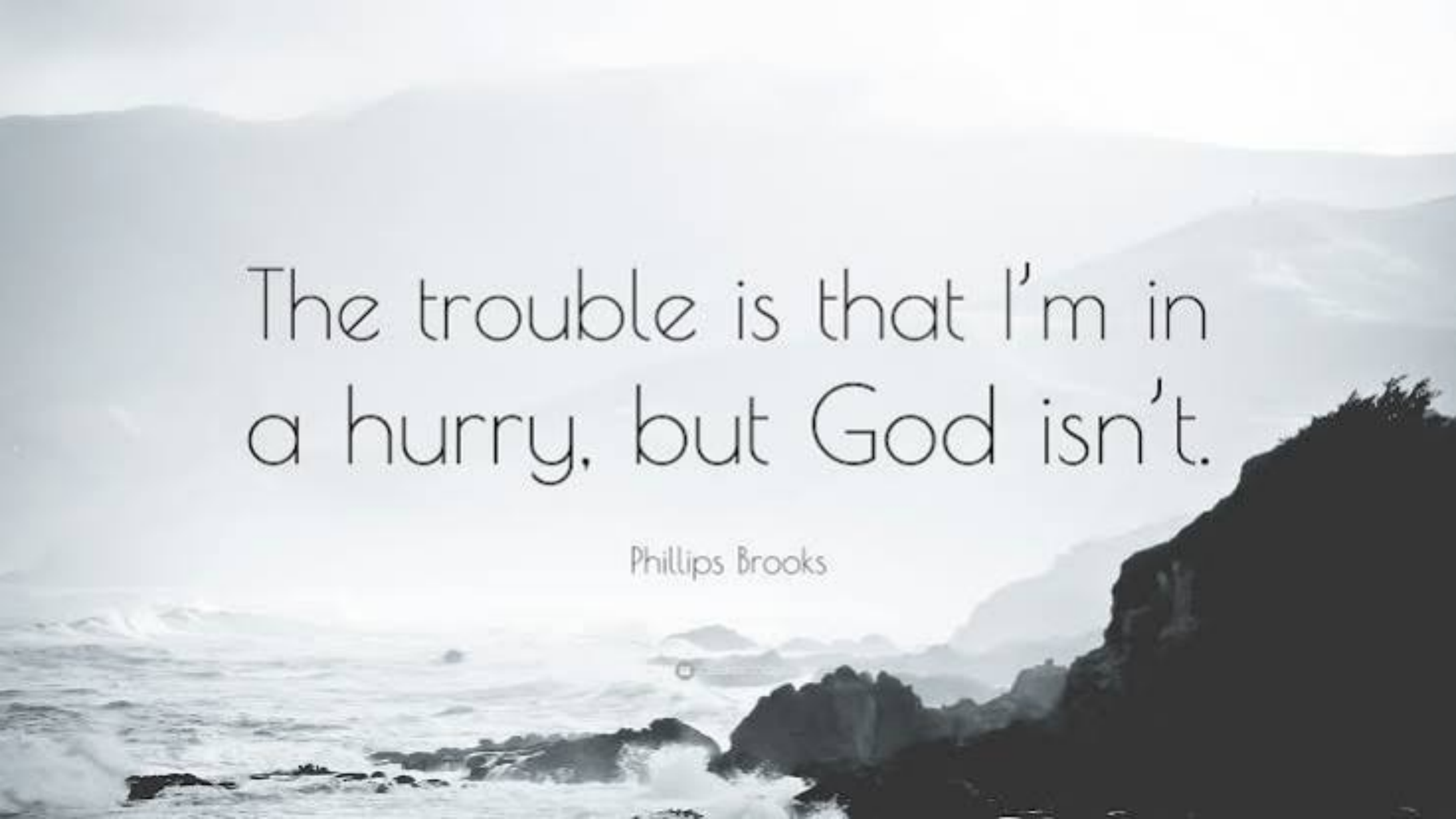
BIG IDEA



GOD SEEMS
DISTANT

The Problem




The trouble is that I'm in a hurry, but God isn't.
Phillips Brooks

CALL
TO THE
LORD
The Petition



TRUST in God's

UNFAILING

LOVE

PRAISE



SHARE YOUR TRUE FEELINGS TO GOD

God, I’m afraid to say these things aloud. But how long is it going to feel like I’m figuring out life on my own? It feels like You’ve abandoned me. It feels like You’re purposely hiding from me. What am I supposed to do with that? How long will anxiety rule my relationship with You? Are You there?

ASK GOD FOR WHAT YOU NEED

God, please turn Your attention toward me. Would You restore me to Yourself? I desperately want to know You're near, but I can't trust my feelings. It feels like I'm losing in this. Help me, Lord.

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REMEMBER WHO GOD REALLY IS

God, You promise to never leave me or forsake me. I want to choose to believe that, even when my feelings tell me otherwise. Help me in my unbelief. I can’t do this on my own. Help me to choose to praise You and honor You as You deserve.

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